

**NO MAN,
NO
PROBLEM**

**NICHOLAS
IFILL**



SHE CAN FIX ANYTHING

Disclaimer

The information provided in No Man, No Problem is for informational purposes only. While every effort has been made to ensure accuracy and safety, the author and publisher are not licensed contractors, mechanics, or electricians.

DIY repairs can carry risks. Always follow proper safety procedures, use common sense, and consult a licensed professional when necessary — especially for gas, electrical, structural, or plumbing work that requires permits or specialized expertise.

By using this book or any FixItSmartly resources, you agree to take full responsibility for any repairs you attempt and the outcomes that follow. The author and publisher disclaim any liability for injury, damage, or loss resulting from the use of this material.

Remember: Fix it smart. Fix it safely.

Introduction

No Man, No Problem

The Smart Woman's Guide to Fixing It Herself This isn't a book about doing it all.

It's a book about doing what you can — and realizing that's more than you ever thought possible.

You don't need permission to pick up a tool. You don't need a man to fix a leak, reset a breaker, or tighten a hinge.

You just need a little knowledge, a little confidence, and a reminder that you've got this.

No Man, No Problem is here to help you feel capable, calm, and proud every time something goes wrong — and every time you make it right.

Because you're not just fixing things.

You're proving to yourself that you can.

Let's get to work.

Nicholas Ifill

Chapter 1: Her Toolkit, Her Power

Let's start with the truth: owning a few tools doesn't make you "handy." Using them with confidence does.

You don't need a garage full of gadgets or a construction background to handle everyday repairs around your home, your car, or your space. What you need is the right starter toolkit, a few smart tips, and the belief that you can do this — because you can.

This chapter is about reclaiming your power — literally and figuratively. Because the moment you pick up that screwdriver and fix something you've been avoiding? That's the moment you realize you're more capable than you've ever been told.

The Core 10 Tools [Every Woman](#) Should Own

You need little to get started. Here are ten essentials to build your first FixItSmartly-worthy toolkit:

Claw Hammer – For hanging, removing nails, tapping things into place.

Screwdriver Set – Both Phillips and flathead, in multiple sizes.

Adjustable Wrench – Great for plumbing, bolts, and assembling furniture.

Pliers (Standard + Needle-Nose) – For gripping, bending, and pulling wires or nails.

Utility Knife – Opening boxes, cutting materials, trimming sealant.

Tape Measure (25 ft) – You'll use it more than you think.

Level – For shelves, frames, and avoiding crooked mistakes.

Flashlight or Headlamp – Because most things break in dark corners.

Work Gloves – Your hands deserve love and protection too.

Toolbox or Tote Bag – Keep it all in one place, ready to go.

 Bonus: Optional But Awesome Add-ons

Stud Finder

Cordless Drill

Zip Ties

Super Glue

Duct Tape

Safety Glasses

Electrical Tape

 “But I’ve Never Used a Tool Before...”

That’s exactly why you’re reading this. No one is born knowing how to fix a faucet or hang shelves. But learning is power — and that power starts when you decide you can.

Take a deep breath. Start small. Tighten a cabinet handle. Use a level to straighten a frame. Unbox your tools and hold each one. This is your gear, and it belongs to you.

 FixItSmartly Confidence Tip:

Start by fixing something you use every day — a wobbly chair, a leaky tap, a squeaky door. You’ll be amazed at how that minor fix will lift your mood and boost your confidence.

 Download This Chapter's Freebie:

 FixItSmartly Tool Starter Kit Checklist (PDF)

Looking for more? Check out our full [Starter DIY Bundle](#) — everything you need to go from nervous to natural with your next fix.